



Mendo Maté

Coffee & Tea

How To Traditionally Drink Yerba Maté

The traditional yerba maté gourd is used to drink Mendo Maté® with a bombilla. The gourd has acted as a cup in this unique relationship for 100s if not 1000s of years in South America's indigenous population. To use the traditional gourd and bombilla follow these instructions:



1 Fill your gourd with your favorite blend of Mendo Maté yerba maté.



2 Turn your gourd to the side and pad the yerba maté against the gourds wall.



3 Add a few table spoons of water from your thermos to moisten the tea.



4 Let your Mendo Maté steep for a few minutes.



5 Insert your glass or traditional bombilla onto the top of the moist packed yerba maté.



6 Take a small sip to test the tempiture of the water, you should never have the thermos above 150F or you will burn the tea and yourself. Once trusted and your ready... Power It®'till its gone. Refill and pass on to your friend or family member.